



MANAGING SIDE EFFECTS STARTS HERE

Starting treatment with Orenitram is a big step. This guide is here to help you proactively work with your healthcare provider to prepare for common side effects and learn how to manage them along the way.

Please see Important Safety Information throughout and on back, and the Full Prescribing Information and Patient Information for Orenitram in pocket.


orenitram[®]
treprostinil
EXTENDED-RELEASE TABLETS

Side Effects Are Normal. Relief May Be Possible.

You may notice side effects before the full benefits of Orenitram set in. This is a normal part of treatment.

What matters most is staying connected to your healthcare provider and having a plan in place. Many of your side effects may improve over time, especially as your body adjusts to the medication.

United Therapeutics does not provide medical advice. Your healthcare provider will work with you to develop a plan to manage side effects.

Here are some of the most common side effects and ways to help manage them:



Headache

Your provider may recommend over-the-counter pain relievers like acetaminophen or ibuprofen. Ask what's right for you.



Nausea or Vomiting

Anti-nausea medications can make a difference. Taking Orenitram with food, spaced evenly throughout the day, may also help reduce symptoms.



Diarrhea

Adding fiber to your diet may help. If symptoms continue, your provider might recommend anti-diarrhea medication.



Watch real patients talk about how they stayed consistent while managing side effects.

Visit **ORENITRAM.COM** for videos, tips, and meal planning ideas.



Give yourself time to get used to the side effects. They got better for me.*

— AN ORENITRAM PATIENT

*Individual experiences may vary.



Always take Orenitram as prescribed. Never stop or change your dose without talking to your provider first.

IMPORTANT SAFETY INFORMATION FOR ORENITRAM

Who should not take Orenitram?

Do not take Orenitram if you have severe liver problems.

What should I tell my healthcare provider before taking Orenitram?

Tell your healthcare provider:

- If you have liver problems or diverticulosis.



Get Ready Before You Begin



Orenitram starts with a gradual process called **titration**. That means your doctor will slowly increase your dose over time to help your body adjust to the medication.



Some side effects may show up early and feel challenging. That's why planning ahead is so important.



Talk to your healthcare provider before you begin. Discuss what side effects you might experience and what to do if they happen. Having a plan in place can help you feel more prepared and stay consistent with your treatment.

IMPORTANT SAFETY INFORMATION FOR ORENITRAM

What should I tell my healthcare provider before taking Orenitram? (continued)

- If you are pregnant, breastfeeding, and/or plan to become pregnant or breastfeed. It is not known if Orenitram will harm your unborn baby or if Orenitram passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with Orenitram.
- **About all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Orenitram and other medicines may affect each other causing side effects. Do not start any new medicine until you check with your healthcare provider. Especially tell your healthcare provider if you take another medicine that contains treprostinil, such as Remodulin® or Tyvaso®.

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Build a Routine. Stick With It.

Orenitram works best when it's part of a consistent routine that includes food. Taking your doses on time and with something in your stomach may help reduce side effects and support steady absorption.

Work with your provider to build a schedule that fits your day and your needs.

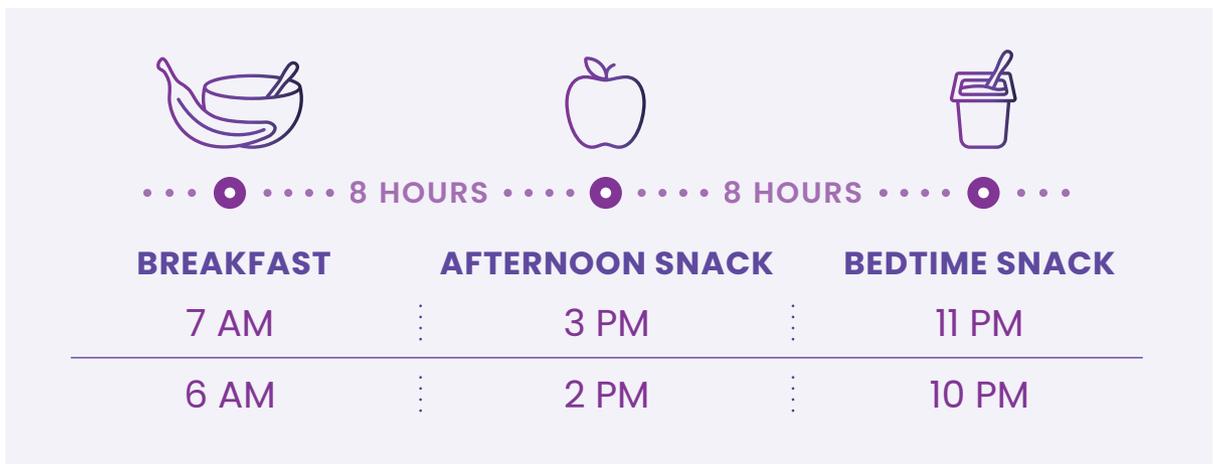
When to Take It

- Most people take Orenitram **three times a day**, spaced about 8 hours apart
- Always follow your provider's instructions
- If you miss a dose, take it with food as soon as you remember
- If you miss two or more doses, call your provider before restarting

How to Take It

- Take with food to help your body absorb the medicine
- Try taking it 15 minutes after eating or right when you eat
- Take the tablets whole and do not split, crush, or chew them
- Do not take tablets that are damaged or broken

Example Daily Dosing Schedule



IMPORTANT SAFETY INFORMATION FOR ORENITRAM

How should I take Orenitram?

Do not change your dose or suddenly stop taking Orenitram without first talking to your healthcare provider.

- Orenitram is usually taken 3 times a day (about every 8 hours) or 2 times a day (about every 12 hours). Your healthcare provider will tell you how often you should take Orenitram. If you have side effects, your healthcare provider may tell you to change your dose or when you take Orenitram. Take Orenitram with food.
- Swallow Orenitram tablets whole. Do not split, chew, crush, or break your Orenitram tablets. Do not take Orenitram tablets that are damaged or broken. **If Orenitram tablets are not taken whole, they may release too much medicine at one time. This can lead to side effects.**



Fuel Up for Every Dose.

Eating with each dose of Orenitram can help your body absorb the medicine and reduce side effects. Use the food ideas in this guide to plan meals and snacks that work for you.

You'll find a magnet at the back with quick examples you can mix and match.

- ✓ Choose foods your body tolerates well
- ✓ Try eating 15 minutes before or right as you take your dose
- ✓ Talk with your healthcare provider about what works and what doesn't

Use the magnet for ideas for meals and snacks that you can have with your Orenitram dose. For more ideas, try the meal planner on **ORENITRAM.COM**.



IMPORTANT SAFETY INFORMATION FOR ORENITRAM

How should I take Orenitram? (continued)

- If you miss your dose of Orenitram, take the missed dose as soon as possible with food.
- If you miss 2 or more doses of Orenitram, call your healthcare provider to see if you need to change your dose.

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IMPORTANT SAFETY INFORMATION FOR ORENITRAM

What is Orenitram?

Orenitram is a prescription medicine used to treat pulmonary arterial hypertension (PAH) which is high blood pressure in the arteries of your lungs. Orenitram can help slow down the progression of your disease and improve your ability to exercise. It is not known if Orenitram is safe and effective in children.

Who should not take Orenitram?

Do not take Orenitram if you have severe liver problems.

What should I tell my healthcare provider before taking Orenitram?

Tell your healthcare provider:

- If you have liver problems or diverticulosis.
- If you are pregnant, breastfeeding, and/or plan to become pregnant or breastfeed. It is not known if Orenitram will harm your unborn baby or if Orenitram passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby during treatment with Orenitram.
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- If you miss your dose of Orenitram, take the missed dose as soon as possible with food.
- If you miss 2 or more doses of Orenitram, call your healthcare provider to see if you need to change your dose.
- If you take too much Orenitram, call your healthcare provider or go to the nearest hospital emergency room right away.
- You may see the tablet shell in your stools (bowel movements). This is usually normal. The tablet shell is not digested. If you have diverticulosis, the tablet shell may get stuck in a blind pouch or diverticulum in your intestine.

What are the possible side effects of Orenitram?

Orenitram can cause serious side effects, including worsening of PAH symptoms.

- Stopping Orenitram suddenly may cause worsening of your PAH symptoms. **Do not change your dose or suddenly stop taking Orenitram without first talking to your healthcare provider.**
- **The most common side effects of Orenitram include** headache, diarrhea, nausea, vomiting, flushing, and pain in arms, legs, and jaw. These are not all of the possible side effects of Orenitram. Tell your healthcare provider if you have any side effect that bothers you or does not go away.
- Call your healthcare provider for medical advice about side effects. You may report side effects to the FDA at www.fda.gov/MedWatch or call 1-800-FDA-1088.

The risk information provided here is not comprehensive. To learn more about Orenitram, talk with your healthcare provider. Please see Full Prescribing Information and Patient Information at www.orenitram.com or call Customer Service at 1-877-UNITHER (1-877-864-8437).

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